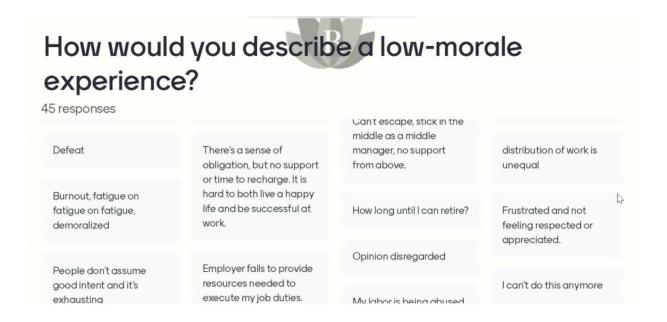
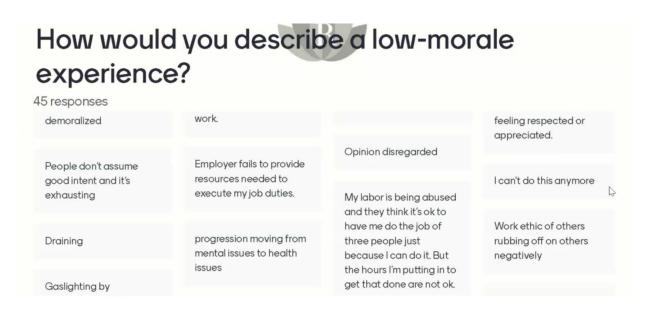
How would experience responses		be a low-mor	ale
ls it naptime?	Disengaged	Dis connection	It's a dead-end job.
Avoidance	I'm not accomplishing anything.	Why am I even here?	Unappreciated, no support
People don't value my work	Decision paralysis	Uncertainty and inability to move forward	Cynical about impact







## How would you describe a low-morale experience?

Feeling like the things I'm doing don't have

meaning. Feeling like

enough. Feeling like it

never could be enough.

Undervalued, ignored,

unsupported.

what I'm doing isn't

45 responses

Gaslighting by administration

Sisyphean - working so hard but feeling like you're not getting anywhere (on the to-do list or with colleagues)

All of the capacity to care

get that done are not ok.

I had an experience with a colleague having a conflict with a boss and I was caught in the middle. I was dreading work.

Apathy

micromanaged

A low-morale experience, to me, is an instance where you the boundaries you have established with a situation are compromised, changing the way one relates and

## How would you describe a low-morale experience?

45 responses

Sisyphean - working so hard but feeling like you're not getting anywhere (on the to-do list or with colleagues)

All of the capacity to care has left my body.

meaning. Feeling like what I'm doing isn't enough. Feeling like it never could be enough.

Undervalued, ignored, unsupported.

I just want to be left alone so I can do my job

a colleague having a conflict with a boss and I was caught in the middle. I was dreading work.

Apathy

A low-morale experience, to me, is an instance where you the boundaries you have established with a situation are compromised, changing the way one relates and responds to that situation in a neg way