

How would you describe a low-morale experience?

45 responses

Is it naptime?	Disengaged	Dis connection	It's a dead-end job.
Avoidance	I'm not accomplishing anything.	Why am I even here?	Unappreciated, no support
People don't value my work	Decision paralysis	Uncertainty and inability to move forward	Cynical about impact

How would you describe a low-morale experience?

45 responses

Is it time to leave yet?	Bullying, given too much to do because you're good at your job	misunderstood	Am I the crazy to think this is inappropriate?
Feeling like you can't make a difference, feeling like you're not listened to	Lack of active listening	Unmotivated	Hiding my true self to avoid bullies
Defeat	There's a sense of obligation, but no support or time to recharge. It is hard to both live a happy	Can't escape, stick in the middle as a middle manager, no support from above.	distribution of work is unequal
Burnout, fatigue on			

How would you describe a low-morale experience?

45 responses

Defeat	There's a sense of obligation, but no support or time to recharge. It is hard to both live a happy life and be successful at work.	Can't escape, stuck in the middle as a middle manager, no support from above.	distribution of work is unequal
Burnout, fatigue on fatigue, demoralized		How long until I can retire?	Frustrated and not feeling respected or appreciated.
People don't assume good intent and it's exhausting	Employer fails to provide resources needed to execute my job duties.	Opinion disregarded	I can't do this anymore
		My labor is being abused	

How would you describe a low-morale experience?

45 responses

demoralized	work.		feeling respected or appreciated.
People don't assume good intent and it's exhausting	Employer fails to provide resources needed to execute my job duties.	Opinion disregarded	I can't do this anymore
Draining	progression moving from mental issues to health issues	My labor is being abused and they think it's ok to have me do the job of three people just because I can do it. But the hours I'm putting in to get that done are not ok.	Work ethic of others rubbing off on others negatively
Gaslighting by			

How would you describe a low-morale experience?

45 responses

Gaslighting by administration

Sisyphian - working so hard but feeling like you're not getting anywhere (on the to-do list or with colleagues)

All of the capacity to care

Feeling like the things I'm doing don't have meaning. Feeling like what I'm doing isn't enough. Feeling like it never could be enough.

Undervalued, ignored, unsupported.

get that done are not ok.

I had an experience with a colleague having a conflict with a boss and I was caught in the middle. I was dreading work.

Apathy

micromanaged

A low-morale experience, to me, is an instance where you the boundaries you have established with a situation are compromised, changing the way one relates and

How would you describe a low-morale experience?

45 responses

Sisyphian - working so hard but feeling like you're not getting anywhere (on the to-do list or with colleagues)

All of the capacity to care has left my body.

meaning. Feeling like what I'm doing isn't enough. Feeling like it never could be enough.

Undervalued, ignored, unsupported.

I just want to be left alone so I can do my job

a colleague having a conflict with a boss and I was caught in the middle. I was dreading work.

Apathy

A low-morale experience, to me, is an instance where you the boundaries you have established with a situation are compromised, changing the way one relates and responds to that situation in a neg way