Western-style five-hole pamphlet stitch

Preservation Services, University of Illinois Urbana-Champaign Library

**Note: Solid lines represent thread inside the pamphlet, dashed lines represent thread on the outside of the pamphlet.**

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| 1. Fold the stack of paper in half, with the cover paper on the outside |  | 2. Run a bone folder along the fold to create a secure crease |
| 3. Unfold the pamphlet and from the inside, use an awl to punch a hole through the center of the fold |  | 4. Punch two more holes along the fold, equidistant from the top and bottom edge, no closer than ½ inch to the edge |
| 5. Punch two more holes, halfway between each of the existing holes |  | 6. Each hole is a sewing station, numbered 1-5 from top to bottom |
| 7. Thread your needle and sew from the inside through station 3 toward the outside, leaving a 2-inch tail inside |  | 8. Sew through station 4 from the outside of the pamphlet to the inside |
| 9. Sew through station 5 from inside to the outside  |  | 10. Sew through station 4 again from outside to the inside |
| 11. Sew through station 2 from inside to the outside |  | 12. Sew through station 1 from outside to the inside |
| 13. Sew through station 2 again from inside to the outside |  | 14. Sew through station 3 from outside to the inside |
| 16. Make sure the two loose ends of the thread are on either side of the stitch that runs from station 4 to station 2 |  | 17. Tie the two loose ends of the thread in a square knot and trim the excess thread |